



Certificate Course

TRANSLATING THE SCIENCE OF HAPPINESS AND MEDITATION INTO PRACTICE

02nd INTAKE
NOW ON

EXTENDED
10th May 2025

Comprise of six modules

- Module 1 - Emotions and Emotionally driven actions
- Module 2 - Happiness
- Module 3 - Meditation
- Module 4 - Creativity, art and drama in happiness
- Module 5 - The science of happiness and meditation in to practice
- Module 6 - Wisdom, morality and wellbeing

CLOSING DATE **22nd May 2025**

Who can Apply?

Candidates should have a degree from a recognized university in Sri Lanka/ abroad.

Eg: Administrators, Professionals,
Academics, Post-graduate students,
School teachers.

(Specific modules can be open to undergraduate students- for knowledge and experience)

For More Info

<https://med.cmb.ac.lk/academic-programs/tshmp/>

Scan To



Register

<https://forms.gle/x4RACJ9EUCNDZGsG8>

How to Apply?

Click the link or scan the QR code to access the registration form.

Pay the application fee using the account details provided in the registration form. (Make sure to have the payment slip ready to upload with the form.)

Duly complete the registration form and submit it.

	Duration of the course 06 Months (Part-time July to December 2025)
	Medium English blended teaching and learning methods
	Course Fee Free of Charge Funded by Rekhi Foundation
	Application Fee for Locals for Foreigners LKR 5,000 USD 25
	Lecture Times Saturdays (9.00 am - 4.00 pm)
	Commencing Date 21st June 2025

Centre for Meditation Research
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Contact Us
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<https://med.cmb.ac.lk/cmr/>